



PRIVATE JOURNEYS WITH JOURNEY LATIN

## SELF-DRIVE ECUADOR: THE AVENUE OF THE VOLCANOES

11 days from **£2,900pp**

**ECUADOR & GALAPAGOS ISLANDS / QUITO / AVENUE OF THE VOLCANOES / CUENCA**



## WHY US

We are the UK's No.1 specialist in travel to Latin America and have been creating award-winning holidays to every corner of the region for over four decades; we pride ourselves on being the most knowledgeable people there are when it comes to travel to Central and South America and passionate about it too.

## OUR JOURNEY

As our name suggests, we are single-minded about Latin America. This is what sets us apart from other travel companies – and what allows us to offer you not just a holiday but the opportunity to experience something extraordinary on inspiring journeys throughout Mexico, Central and South America.

### WE LOVE LATIN AMERICA

A passion for the region runs through all we do

All our Consultants have lived or travelled extensively in Latin America

Up-to-the-minute knowledge underpinned by 40 years' experience

### TRAVEL WITH CONFIDENCE

Fully bonded and licensed

ATOL-protected

On your side when it matters

Book with confidence, knowing every penny is secure

### THE REAL LATIN AMERICA

Our insider knowledge helps you go beyond the guidebooks

We hand-pick hotels with character and the most rewarding excursions

Let us show you the Latin America we know and love



## OVERVIEW & OUTLINE ITINERARY

With the freedom of your own self drive hire car, explore the varied Andean landscapes of Ecuador along the Avenue of the Volcanoes and a variety of great cities in under two weeks.

- |               |                                                                                         |
|---------------|-----------------------------------------------------------------------------------------|
| <b>DAY 1</b>  | Arrive Quito, transfer to hotel in historic centre.                                     |
| <b>DAY 2</b>  | Guided walking tour of the colonial core.                                               |
| <b>DAY 3</b>  | Transfer to the airport to collect your hire car; set off on your self-drive adventure. |
| <b>DAY 4</b>  | Cotopaxi National Park, drive to Quilotoa.                                              |
| <b>DAY 5</b>  | Drive to thermal spa resort town, Baños.                                                |
| <b>DAY 6</b>  | At leisure in Baños – optional adventures.                                              |
| <b>DAY 7</b>  | Drive to Alausi.                                                                        |
| <b>DAY 8</b>  | Continue to Cuenca via Ingapirca ruins.                                                 |
| <b>DAY 9</b>  | Relaxed walking tour.                                                                   |
| <b>DAY 10</b> | Drive to Las Cajas National Park then fly to Quito                                      |
| <b>DAY 11</b> | Fly home or continue to the Galápagos islands or the Amazon jungle.                     |

## ITINERARY

Wedge between Peru and Colombia, mainland Ecuador is certainly more compact than its larger Andean neighbours, but no less diverse for that. For those with limited time who wish to experience a wide variety of gob-smacking landscapes and traditional cultures, it's a near perfect destination. And what better way to explore than by self-drive hire car.

The recently expanded and paved road network, negotiating the sun-scarred plateau and plunging down through the shadows of near vertical, cloudforest-shrouded valleys guides you along a cross-section of this beautiful country. Twists and turns, switchbacks, tunnels, four-lane auto-routes and shady cobbled country lanes all feature in this holiday which not only introduces you to Ecuador's main artery, the Panamerican Highway following the iconic Avenue of the Volcanoes, but also back-roads through patch-worked rural landscapes peopled by tight-knit communities where custom and tradition still govern the leisurely-paced bucolic way of life.

With the freedom of your own hire car, discover all this as well as Ecuador's illustrious metropolises: the capital, Quito, a mélange of evocative history and dynamic contemporary society; and Cuenca, one of the continent's best preserved and stately colonial Spanish cities.

We book your car, your accommodation, and supply loads of useful information including alternative routes and optional experiences based on our own travels along these routes.

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### DAY 1

#### **Arrive Quito, transfer to hotel in historic centre.**

You'll be escorted to your hotel in Quito, the Andean capital of Ecuador. The active volcano Guagua Pichincha, to the east, glowers over the dynamic city which, at 2,850m, is one of highest capitals in the world. Quito is divided into two contrasting districts. The modern zone is characterised by towering glass buildings and houses banks, international companies, hotels, shops and restaurants, while the central colonial area has well-conserved and recently spruced-up white-washed architecture, open air markets and graceful Spanish-style mansions and churches.

## DAY 2

### Guided walking tour of the colonial core.

Visit the colonial centre of the capital, the first city ever to be listed as a UNESCO World Heritage Site. High on the agenda is a walk through the main plaza, the Plaza de Independencia, where you will see the government palace, the cathedral, and some of the most important churches built around the 16th and 17th centuries, including the monastery of San Francisco. It's beguilingly beautiful but the authorities have been concerned not to prettify the core too much and drive out the local population, so many of the refurbishments are subtle; pedestrianisation proceeds apace but small family run shops, bars and restaurants abound.

## DAY 3

### Transfer to the airport to collect your hire car; set off on your self-drive adventure.

With our assistance you will be accompanied to the rental agency to collect your car. Today you'll be driving south towards Cotopaxi National Park, which has as its dominant feature the towering snow-mantled cone of the towering volcano Cotopaxi.

You won't be taking the principal artery, the Panamerican Highway, at this stage (unless you chose to), instead head off down the original road south from Quito, an undulating cobbled road enjoying only light rural traffic and more likely accommodating cattle and cowboys. The peaceful undulating route leads you past dairy farms, isolated hamlets and dark pine forests while the near vertical bulk of massive volcanoes rear ahead. You're gradually climbing, though you won't really notice it, but the landscape opens out into rough open grasslands rimmed by rugged treeless hills.

The road is a little bumpier as you approach Chilcabamba, where you'll be spending the night at a delightful and welcoming lodge on the edge of the national park. You may pause just before reaching the lodge for a short self-guided walk to view the pretty waterfall on the rocky bed of the river Pita, which supplies much of Quito's water. The lodge offers you your first views of the jaw-droppingly majestic Cotopaxi volcano, piercing the sky at 5,897m with its icy cape. There are short self-guided walks in the grounds where you can stretch your legs and learn a bit about the high-altitude flora.

## DAY 4

### Cotopaxi National Park, drive to Quilotoa.

After a peaceful night warmed by your wood-burner in the cosy lodge you'll enter the park through its more remote northern gateway. Cotopaxi's (very) occasionally active peak towers above its rumpled skirts of highland moor, blanketed with a tundra-like vegetation of altitude-resistant shrubs and flowers.

The park is inhabited by over 90 species of bird from pocket-sized hummingbirds to giant condors and a variety of hardy mammals including deer, rabbits, Andean foxes and puma, which shelter from view in the lacy veils of frequent swirly mists. You have the opportunity to walk the trail surrounding the stunningly reflective Lake Limpiopungo, ringed by bird-filled reed beds. Alternatively, drive up the steep rocky road on the volcano's flanks to the snow line at 4,800m for mesmerising views over the wilderness of the park below (caution is required here – the air is very rarefied at this altitude).

You may choose to have lunch at Tambopaxi Lodge before driving west to Quilotoa, an extinct volcano whose crater harbours a shimmering blue-green lagoon. En route you may call in at one of the many regional indigenous markets: Saquisilí, Pujilí or Zumbahua; choose your village according to your day of travel. The normally sleepy towns are transformed with stalls piled high with fruit, household and artisan goods – it's not just for tourists – truly an authentic experience. Another stop can be made at the artists' town Tigua, where the landscapes are particularly exquisite. Patchwork quilts of amber and emerald fields worked by farmers wearing bright red ponchos are dotted with thatched adobe cottages.

Approaching Quilotoa you'll take a purple lupin-fringed road up to a viewpoint over the lake at Shalala. Continue to spend another cosy night at a welcoming, family-run countryside lodge in the hamlet of Chugchillan.



## DAY 5

### Drive to thermal spa resort town, Baños.

Take a sinuous road back to the Avenue of the Volcanoes and travel south to Ambato where you leave the main highway again and take a road which eventually heads steeply down to the Amazon basin. You don't go this far though – stop at the spa resort town Baños, clinging to the edge of a cliff face and rimmed by racing green hills. Glowering over the town is the volcano Tungurahua, still active with a few hissing fumeroles but not expected to erupt in the near future. Your lodge and spa, built in the style of a colonial hacienda, has a countryside location where you can drink in the views of exquisite Andean scenery.

You'll stop here for two nights, with a full day to explore the area – you may choose to leave the car behind, or head off back on the road to discover new delights.

## DAY 6

### At leisure in Baños – optional adventures.

You may be tempted just to relax in the hotel gardens or spa, but there's lots to do outside. Visit the thermal baths, or if you want to stretch your legs, head off on one of the self-guided trails which criss-cross the valley slopes just outside town, or you can sign up for one of the many active adventures on offer: horse riding, mountain biking, white water rafting, kayaking.

Alternatively carry on down the road which leads to Amazonia: it's a dramatic drive through a narrow gorge, a corridor punctuated with tunnels drilling through the ever-rising crests of vertiginous mountain ranges. In fact, it's known as the Route of the Waterfalls: it's only a 30-45 minute drive to peer down on the Pailon del Diablo (Devil's Cauldron), one of the most impressive of these.

An even more ambitious day trip takes you west along the road to Chimborazo National Park. The volcano Chimborazo, perhaps Ecuador's second most famous peak, is as an impressive sight on a clear day as Cotopaxi. If you don't make it to the park for mind-boggling close up views, you should be able to catch sight of the peak on the following day as you drive on to Riobamba and Alausi.

## DAY 7

### Drive to Alausi.

There are two options for this southwards drive, both taking about three hours in the unlikely event you drive without stops. The first option has you joining the Panamerican Highway, the busier of the two routes but the one which takes you closer to the imposing volcano Chimborazo and also invites you to stop at Colta, where you will find the very first Catholic church in Ecuador and a pretty lagoon.

Alternatively you can take a smaller but very scenic road which clings to the slopes of a steep valley to the east of the Panamerican. Here there is very little traffic and you are unlikely see any other visitors, just a few campesinos possibly knitting as they wait patiently for a lift to one of the small towns along the route.

The routes merge in an open fertile landscape at Guamote (Thursday market), an authentic indigenous village with cobblestone streets, set within a jumble of tiny fields worked by villagers warmed by wool ponchos and traditional headgear. The road is just single-lane now, a slower pace of life is once again in the ascendant. You've started descending towards the coast. Arrive at your hotel in the dozy, picturesque little town Alausi, characterised by old-style painted adobe houses with wooden balconies.

Here, you may be able to take a ride on the famous train service along the Devil's Nose switchbacks to Simbambe (and back). This extraordinary route does not operate on Mondays, Tuesdays or Wednesdays, so if you would like to jump aboard, make sure to mention it when enquiring so we can plan your itinerary accordingly.



## DAY 8

### Continue to Cuenca via Ingapirca ruins.

Set off on a long drive south to the city of Cuenca with the option of stopping off at the Inca ruins of Ingapirca (3,160m), the only significant Inca site in Ecuador.

The road winds a bit more now, and there are some large houses indicating a certain prosperity – although remittances from emigrants are responsible for most of this. You can park at Ingapirca and may be able to hire a guide locally to show you around (if you want to be sure of a qualified and experienced English-speaking guide we can provide one at extra cost). Here you can see examples of the extraordinary masonry skills of the Incas, with tightly fitting stones and trapezoidal doors reminiscent of the architecture at Cusco.

Continue to Cuenca, a large city nowadays but which retains a lot of its reputation as an oasis of intellectual thought and for its superior Spanish colonial architecture. You spend two nights at your hotel in town.

## DAY 9

### Relaxed walking tour.

After such an eventful day yesterday you may wish to spend the day exploring the old city, so we introduce you to its long history (there was a Cañari indian settlement here in 500AD, while the Spanish Conquistadores founded their city in 1557) with a guided walking tour of the historic centre. Declared a World heritage site by UNESCO, Cuenca, with its flowery plazas, beautifully renovated churches, cobblestone lanes and museums is a delight to discover. It has earned the nickname “Athens of Ecuador” for its artistic heritage: writers, artists, poets and philosophers have all settled here, and nowadays the congenial ambiance has encouraged the establishment of a thriving expat community.

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## DAY 10

### Drive to Las Cajas National Park then fly to Quito

From Cuenca drive for just 30 minutes to reach Las Cajas National Park, a vast wilderness of high páramo and boxed lakes. Its tundra, jagged peaks and many glacial lakes have a rugged, eerie beauty. After exploring the park, return to Cuenca and drop off the car before taking a flight to Quito where you will overnight near the airport.

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## DAY 11

### Fly home or continue to the Galápagos islands or the Amazon jungle.

Transfer back to the airport for your flight home or, to make your visit complete, consider adding a cruise or land based visit to the Galápagos islands, or a stay in one of a number of jungle lodges in Ecuador's surprisingly accessible Amazon region.

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## WHAT'S INCLUDED IN THE PRICE

Services of our team of experts in our London office

Services of Journey Latin America local representatives and guides

All land and air transport within Latin America

Accommodation as specified

Meals as specified

Excursions as specified, including entrance fees

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## INCLUDED EXCURSIONS

Walking tour of colonial Quito

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## WHAT'S NOT INCLUDED IN THE PRICE

Tips and gratuities

Meals other than specified

International flights to Latin America

Airport taxes, when not included in the ticket

Optional excursions

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## ESSENTIALS

### TRANSPORT

8 days self-drive hire car. Suzuki SZ 2.4L 4x2 Automatic transmission or similar.

### ACCOMMODATION

This holiday incorporates smart mid-range hotels with character in Quito and Cuenca and \_\_\_\_\_

### MEALS

Breakfast daily, dinner days 3 and 4.

### GUIDES

We carefully select our local partners, some of whom we have worked with for over 30 years. Their English-speaking guides understand the expectations of our clients very well, and are consistently singled out for praise by the latter on their return.

### SUMMARY OF NIGHTS

11 days, 10 nights: Quito 3, Cotopaxi 1, Quilotoa 1, Baños 2, Alausi 1, Cuenca 2.

### CURRENCY

The unit of currency in Ecuador is the US dollar.

### HOW TO TAKE IT

Cash machines are available in all major cities and towns, and so taking a debit or credit card with a PIN number is the most convenient way of withdrawing money while on your trip, and in most shops and restaurants you can also pay by card. However, since cards can get lost, damaged, withheld or blocked, you should not rely exclusively on a card to access funds.

We recommend that additionally you take a reasonable quantity of US dollars cash (no more than is covered by your insurance). Dollar bills should be in good condition, soiled or torn bills may be refused.

### DAILY SPEND

It is very difficult to give a guideline for essential expenses but a budget of around US\$50 per person per day should cover the cost of good quality meals, drinks and the odd souvenir. Other expenses include petrol (probably no more than about \$US100) and tips (see separate paragraph), optional excursions and entry fees.

### TIPPING

Tips are welcomed and local guides often rely on their tip as a significant proportion of their income.

Most service industry workers will hope for a tip of some kind and so it is useful to have spare change for hotel porters, taxi drivers and the like. It is common to leave 10 – 12% in restaurants.

Tipping guidelines can be found in our Briefing Dossier.

### INSURANCE

Travel insurance is essential. Details of our recommended policy can be found on our Travel Insurance pages. Total Damage Waiver (LDW – zero excess) Insurance for your hire car is included in the price of the holiday, please inquire if you would like to upgrade it. .

### AIRPORT TAXES

If you have purchased your flights through Journey Latin America, the international departure tax is usually included in the ticket.

### TRIP SUITABILITY

This holiday is suitable for all able, reasonably fit visitors.

The driver should have reasonable experience and be a confident driver. While most of the roads are paved, they can involve blind bends and steep gradients. The behaviour of local drivers with regard to the rules of the road is not always predictable. 4WD off-road experience is not necessary but some experience of driving on gravel roads and tracks is advisable. Minimum age of driver 21, upper limit 80. A second driver can be added for an extra charge. See our separate document for more information about the car hire element of the holiday.

## VISAS

Holders of a full British passport do not require a visa, although passports must be valid for at least 6 months after the trip begins. Anyone with a different nationality should enquire with us or check with the relevant consulate.

If flying to the US, or via the US you will need to fill in your online ESTA application.

## CLIMATE

Lying at 2-4,000m close to the equator, the highlands, including the cities of Quito and Cuenca, have a permanent spring-like climate: altitude is the determining factor with regard to temperature. The rainy season in the Andes runs between January and April when there are showers most afternoons. The dry season is June, July and August when the sun is strong during the day, but at night the temperature drops dramatically (maybe as low as freezing point). May, September and October are less predictable, with both rainy and sunny spells. In the mountains at any time of year you should expect a variation between 15°C and 25°C. Baños has a pleasant sub-tropical climate with an average year-round daytime temperature of 25°C, where January is the hottest month, July the coolest and February the driest. Guayaquil on the Pacific coast has a tropical climate, hot and humid all year round with an average daytime maximum temperature of around 30°C.

## ALTITUDE

Several days are spent at high altitude (over 2,500m). You may notice the effect of high altitude; symptoms vary: most common are mild headaches and breathlessness. If you drink plenty of water and allow your body to acclimatise (don't exert yourself or drink alcohol) in the first couple of days after arrival, you will minimise your chances of being adversely affected.

Following a couple of days in Quito you visit the high altitude Cotopaxi National Park and may elect to drive up to the volcano's snow line at 4,800m. Only do so if you are not feeling any symptoms of altitude sickness, such as dizziness and nausea.

Please refer to our Briefing Dossier for further information.

## CLOTHING AND SPECIAL EQUIPMENT

For day-to-day wear you should go prepared to encounter all seasons. Both warm clothing and a sun hat are essential at altitude; a light fleece jacket and a waterproof/breathable outer shell makes a good combination.

Strong, comfortable footwear is essential and you should bring insect repellent, sun block, hat and sun glasses.

Don't forget your camera, charger and cards.

Please get in touch with the office before departure if you have any doubts.

## VACCINATIONS

Preventative vaccinations are recommended against the following: typhoid; polio; tetanus; hepatitis A. You should consult your GP for specific requirements.

You can also find helpful information on the Masta Travel Health website.

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### GET IN TOUCH WITH US...

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Our friendly, knowledgeable team of travel experts are always happy to chat about holiday ideas and share helpful advice. Give us a call today and begin planning your perfect trip to Latin America.

#### GIVE US A CALL

We'd love to chat

**0208 747 8315**

#### OPENING HOURS

Monday – Friday: 9am – 6pm

Saturday & Sunday: Closed

#### SEND US AN EMAIL

[tours@journeylatinamerica.com](mailto:tours@journeylatinamerica.com)